



The Happy Wanderers

Fun, Fitness & Friendship in Florida!



Great Event Coming up!

happywanderersfl.org



Princess Place Preserve

2500 Princess Place Preserve Palm Coast, FL 32137

Saturday, June 4th

Traditional Event ~ In May, go to the website:
happywanderersfl.org and sign up to volunteer.

It's a picnic! Bring your own lunch in a cooler, we
have the Pavilion reserved. Sheila has already
walked the trails; I'll be at the Pavilion.

Princess Place Preserve is the crown jewel of Flagler County's preserves!
This beautiful 1500 acre preserve is located at the confluence of Pellicer Creek, Moody Creek, and the
Matanzas River.



Facebook

Click search, enter: AVA: America's Walking Club
Like the page and to see where walkers across the country are walking!
<https://www.facebook.com/groups/22209024962>

Search, enter: [2023 IVV Olympiad – USA](#)
Like the page for updates!

Search, enter: Walk Around Florida 31
<https://www.facebook.com/WalkaroundFlorida31>
Like the page & keep up with the latest information!



Welcome New Happy Wanderers!!

Peggy Coager, Joetta Cumpton, and Jacie Metzger

Join or Renew Your Membership Today!!

\$15 Individual or \$20 Family Cash or Check
Ask for an application at any walk registration.

Time is marching on toward our Volksmarching bus trip
Deadline for final payment toward the Charleston/Savannah Bus Trip is April 1st. No joke!
There is still time to register as a new participant and pay the full amount of \$157 that includes the bus,
snacks, and all of the walk fees.

If you haven't registered for the hotel yet, do so.

Check out the flyer below for details!

Thank you all!

The Charleston/Savannah Bus Trip Committee:

Maureen Higgins: chair, Gloria Pratt, Bob Allen, Joanne Wright & Dan Spink



The Happy Wanderers Walking Club, Inc.

invite you to an exciting

Walking Weekend in Charleston, SC & Savannah, GA

April 29 – May 1, 2022

Pre- Register **NOW** with a \$75.00 ea. (**Refundable**) Deposit

Make Checks Payable to Daniel Spink and Mail to Him at:

5670 Swan Lake Dr. □ Port Orange, FL 32128 *Include E-Mail and Cell Phone*

Make Hotel Reservations Directly at Comfort Inn – 843 577-2224

Mention Happy Wanderers Rate

April 1st Deadline to Sign Up Including Final Payment

Cost Estimate:

(Based On 1 King)

\$710 Per Double Occupancy (\$355 Each Person)

\$553 Per Single Occupancy

Includes:

Deluxe Charter Coach Bus & Hotel Room

Snacks & Fun Enroute

Meals on Your Own

3 Days □ 2 Nights □ 4 YR Walk Events:

- Magnolia Plantation
- Ravenel Bridge
- Historic Downtown
- Savannah, GA



Itinerary:

● Friday Pick-ups:

Orlando: 6:00 AM

Port Orange: 7:15 AM

Jacksonville: 9:00 AM

Bring a Bag Lunch for the Bus Trip

● Friday Afternoon: Magnolia Plantation Walk

Arrive at the Hotel After the Walk & Check In

● Saturday Morning: Ravenel Bridge Walk

● Saturday Afternoon: Historic Charleston Walk

● Sunday: Savannah Walk

● Drop-Offs:

Jacksonville: 6:15 PM

Port Orange: 8:30 PM

Orlando: 9:30 PM



Happy Wanderers support the Community

The Happy Wanderers welcomed 53 participants of the Port Orange Get Fit Challenge as we hosted their first challenge ~ a 1KM or 5 KM or 10 KM walk.

Year-Round Event (YRE) Coordinator

Those of you that participate in the clubs Sunday YRE group walks, are somewhat familiar with the registration process and that there is a walk box for each YRE. The set up and maintenance of these YRE's and walk boxes are perhaps even more important for AVA and walk enthusiasts that seek out and complete these walk events independently. Every now and then, these event participants will include notes along with a check for fee payment. To illustrate the importance of the walk boxes that are well maintained by this club and all our Points of Contact, I will share comments our Treasurer, Leslie Stone, recently received and shared with the POCs and board members.

A resident of Rapid City, SD said of the New Smyrna Beach YRE:

“Loved this walk! Great directions! Thank you!”

Residents of Delmar, NY said of the Sanford YRE:

“Sanford was a wonderful walk and a beautiful town. The German restaurant was excellent!! Thanks for setting this up”

The same Delmar residents said of the Palm Coast YRE:

“Palm Coast was not very impressive. Maybe drive close to the park after getting start cards??”

While we bask in comments such as the first two, those received such as the third are perhaps even more important. It gives us pause to think about what, if any, alternatives may be available that we have overlooked.

Do you want to become more active in the administration of your club, The Happy Wanderers? Here are a few opportunities:

Point of Contact (POC) for the Flagler Beach year-round event (YRE)

The basic responsibilities of a POC are to maintain the walk box, be familiar with the walk routes, oversee the registration of walk participants when the assigned YRE is on the club schedule (usually once a quarter), and collect the log registration sheets at the end of each quarter. Accepting the responsibility of a POC, gives one the opportunity to learn about the administration of this walking club and the American Volkssport Association (AVA). This also is an opportunity to greet and get to know walk participants.

Year-Round Event (YRE) Coordinator

Basic responsibilities: maintain YRE walk directions (Word computer program), interact with POC's, club brochures, submit information for the club newsletter, AVA ESR website, interact with club webmaster, print required materials for all walk boxes. The busiest time for the coordinator is late August and again in November and December when all materials are updated and printed for distribution to the POC's.

Year-Round Event (YRE) Coordinator

If you are interested in these volunteer opportunities, talk with me or other Board Members, John, Sandy, Leslie, Alice or Dan. I am available to answer questions, give more details, and guidance.

On a personal note, when Bill Ellis was passing on the responsibility of YRE Coordinator, I saw it as an opportunity to learn and ‘grow’ in this club. My volunteering as a POC and YRE Coordinator afforded me all of that and more. I am ever thankful to Bill and other Happy Wanderers for their guidance. While I am ready to step away from YRE Coordinator responsibilities, I will continue as a POC and seek other responsibilities in this organization.

Gloria J Pratt
gloriajpratt@gmail.com 386-214-3890



April 1st – 7th is National Walking Week!
Join the Happy Wanderers for a walk on
Sunday, April 3rd in Flagler Beach 8 AM &
Wednesday, April 6th Venetian Bay New Smyrna 6 PM

National Walking Week is exactly as it sounds – a week to celebrate the easiest way to be the healthiest version of you. Walking for thirty to sixty minutes per day may sound like it isn't much, but studies have shown that it can drastically improve your health and even help prevent ailments such as type II diabetes, cancer, and heart disease.



Mount Dora



Mount Dora Local



Ormond Beach



Palatka



St. Augustine



Walk Around Florida 31

4—6 NOVEMBER 2022

at the
Comfort Inn & Suites Tavares North
Tavares FL

*Rooms are \$95 (King or Two Queens); and/or extended stay dates – 1 day before and after, including (self) parking on-site *plus tax.*

(NOTE: LAST DAY TO GET THIS RATE IS SEPTEMBER 5, 2022)

For online reservations :

<https://www.choicehotels.com/reservations/groups/DC95M7>

Or

Call 1-877-424-6423 and say "Walk Around Florida"

4 walks & 1 swim

An AVA multi-event weekend brought to you by the Mid-Florida Milers, Happy Wanderers, and the Suncoast Sandpipers.

AVA: America's Walking Club!

<http://facebook.com/WalkaroundFlorida31>

Questions contact: mcbmetherell@aol.com



IVV Event & Distance Awards

Great Job!

Paul Erikson	500 Events	5000 KM
Sheila McClellan	950, 1000 Events	10,000 KM

Join the fun!

Get your IVV Event & Distance books at any walk!
\$6 Each Available from Pres. John McClellan

Happy Wanderer Officers

President John McClellan
Vice-President Sandy McArthur
Treasurer Leslie Stone
Secretary Alice Partlow
Member-at-Large Gloria Pratt
Member-at-Large Dan Spink